

Your Essential Packing Guide

Luxury Horse Riding & Lodge Retreats

When packing for a luxury horse riding trip, balance function with style — practical gear for the saddle, and refined pieces for the lodge. Every item curated, every detail considered.

FOR TIME IN THE SADDLE

- Riding Pants**
 2-3 pairs of breeches or riding tights; darker tones transition beautifully to the lodge
- Riding Boots**
 Well-broken-in boots are essential; paddock boots with half-chaps or tall boots for a formal silhouette
- Breathable Tops**
 3-4 technical long-sleeve shirts for sun protection; a few short-sleeve options
- Lightweight Jacket**
 Wind- and water-resistant jacket or vest — ideal for layering on early morning rides
- Riding Helmet**
 Always bring your own certified helmet — fit, safety, and hygiene are paramount
- Riding Gloves**
 Prevent blisters on long rides; shield your hands from the sun

TOILETRIES & COMFORT

- Skincare Essentials**
 Rich moisturiser, after-sun, and haircare that handles dust and helmet wear
- Rider's First Aid**
 Anti-chafe cream, blister plasters, and basic pain relief or allergy medication
- Insect Repellent**
 Essential for wooded trails or safari-style destinations

OPTIONAL — THE NICE-TO-HAVES

- Lightweight Daypack**
 Belt bag or small saddle bag for sunscreen, lip balm & phone on rides

- Neck Buff or Bandana**
 Versatile protection against dust, sun, and wind on open terrain

- Travel Laundry Kit**
 Sink wash and line dry — ideal for reweaving technical layers on longer stays

SUN & SAFETY

- Sun Protection**
 High-SPF sunscreen and SPF lip balm — reapply generously throughout the day
- Sunglasses**
 Secure-fitting with full UV protection for long hours in the open landscape
- Wide-Brim Hat**
 A stylish wide-brim or cap for relaxed moments around the property

RESORT & CASUAL WEAR

- Dinner Outfits**
 1-2 smart-casual ensembles: chinos or dark jeans with a fine shirt, or an elegant dress
- Lounge Wear**
 Soft leggings, tees, and a cashmere-weight sweater for evenings by the fire
- Swimsuit**
 Most luxury properties offer a pool, hot tub, or spa — come prepared

TECH & TRAVEL ESSENTIALS

- Phone, Charger & Adapters**
 Include a compact power bank for photo-heavy days on the trail
- Camera or GoPro**
 With a secure strap for capturing the landscape from the saddle
- Refillable Water Bottle**
 Carry to the barn and on every excursion — hydration is non-negotiable
- Travel Documents**
 Copies of ID, passport, travel insurance, and any medical prescriptions

Planning Your Perfect Equestrian Trip

ASSESS YOUR SKILL LEVEL

01 Be honest about your riding ability. Safari rides and fast-paced trails often require intermediate to advanced skill. Verify operator requirements before booking.

BREAK IN YOUR GEAR

03 Never arrive with brand-new boots or untested clothing. Wear everything in advance to ensure comfort and eliminate the risk of blisters or chafing.

GET PHYSICALLY READY

02 Spend time in the saddle in the weeks prior. Core and leg conditioning will prevent soreness and allow you to fully savour every ride.

TALK TO YOUR HOST

04 Share your experience level, aspirations, and any concerns with the ranch or guide. This ensures the right horse match and a truly bespoke experience.

Ride well. Travel beautifully.



THE CURATED EQUESTRIAN

